

Lenten Prayer Retreat Day

Saturday, March 16

9:00 am - 4:00 pm at Christ Church

† Who is the speaker?

Dr. Wanda Malcolm is recently retired from her position as Professor of Pastoral Psychology at Wycliffe College. Wanda continues to work as a clinical psychologist in private practice and takes joy in being a wife (to Stan Szepesi), a mother and grandmother especially enjoying at their cottage pursuing the joys of kayaking, crafting, gardening, reading fiction and playing board games.

† Who is this retreat for?

For anyone wanting to explore new-to-you and old favorite forms of prayer. Come and see if there is something new or to be affirmed in the prayer life you are already enjoying.

† What does the day involve?

In the first half of the day, Wanda will lead us in a meditation on Mark 6 followed by an opportunity to make a picture for God's fridge. It does not require artistic talent, just a child-like desire to find a way to express things when words are not enough. The second half of the day will be an opportunity to explore and try out several forms of prayer that may or may not be familiar to you. There is something for everyone.

† What else to I need to know?

The day costs \$25 which includes lunch, snacks, and the cost of creative materials/supplies. Financial assistance with registration is available ~ simply call Martha at 905-451-6649 ext. 23



Registration

📍 Name:

☎ Best phone #:



Email:

Christ Church
B.R.A.M.P.T.O.N.

Please return your registration to the church office and/or Martha **no later that March 10th.**

